

Pre-Participation Physical Evaluation (4th Edition)
With ICD-10 Codes Courtesy of the Max Schewitz Foundation

Personal History Questions: Have your child answer these questions

Have you ever passed out or nearly passed out DURING or AFTER exercise? Syncope – R55	Yes	No
Have you ever had discomfort, pain, tightness or pressure in your chest during exercise? Chest pain – R07.9		
Does your heart ever race or skip beats (irregular beats) during exercise? Fast racing heart beat – R00.0		
Has a doctor ever told you that you have any heart problems? Pre-existing heart condition – Z86.79		
Has a doctor ever ordered a test for your heart? (For example, an ECG/EKG, echocardiogram)		
Do you get light-headed or feel shorter of breath than expected during exercise? Shortness of breath – R06.02		
Have you ever had an unexplained seizure? Seizure – R56.9		
Do you get more tired or short of breath more quickly than your friends during exercise? Fatigue – R53.83		
Has a doctor ever denied or restricted your participation in sports for any reason?		

Family History Questions

If your child is adopted, do you know the answers to these family history questions?	Yes	No
Has any family member or relative died of a heart problem or had any unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident or sudden infant death syndrome)? Family history of sudden death – Z82.41		
Does anyone in your family have Hypertrophic Cardiomyopathy, Marfan Syndrome, Arrhythmogenic Right Ventricular Cardiomyopathy, Long QT Syndrome, Short QT Syndrome, Brugada Syndrome, or Catecholaminergic Polymorphic Ventricular Tachycardia?		
Does anyone in your family have a heart problem, pacemaker or implanted defibrillator? Family history of ischemic heart disease or other circulatory problem – Z82.49		
Has anyone in your family had unexplained fainting, unexplained seizures or near drowning?		

Physical Exam

Blood Pressure/Pulse: **ICD 10 Reading – R03.0. Hypertension – I10**

Appearance: Marfan's Stigmata **ICD 10: Q87.40**

Heart:

- Murmur(s)
- Location of Point of Maximal Impulse (PMI)
- Simultaneous Femoral and Radial Pulses

CPT Codes for ECG:

Global - 93000

Technical Component Only - 93005

Professional Component Only - 93010